

# Ring Size Guide

Find your perfect fit — American (US) sizing

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## Method 1: Use a String or Strip of Paper

1. Cut a thin strip of paper or string about 6 inches (15 cm) long.
2. Wrap it snugly around the base of the finger you plan to wear the ring on.
3. Mark the point where the strip meets itself with a pen.
4. Measure the length in millimeters using a ruler.
5. Find your size in the chart below using the circumference (mm) column.

Tip: Measure at the end of the day when fingers are at their largest. If you are between sizes, always choose the larger size.

## Method 2: Measure an Existing Ring

1. Take a ring that already fits the correct finger.
  2. Measure the inside diameter of the ring in millimeters.
  3. Find your size in the chart below using the Diameter (mm) column.
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## US Ring Size Chart

US Size	Diameter (mm)	Circumference (mm)
3	14.1	44.2
3.5	14.5	45.5
4	14.9	46.8
4.5	15.3	48.0
5	15.7	49.3
5.5	16.1	50.6
6	16.5	51.9
6.5	16.9	53.1
7	17.3	54.4
7.5	17.7	55.7

US Size	Diameter (mm)	Circumference (mm)
8	18.2	57.2
8.5	18.6	58.3
9	19.0	59.7
9.5	19.4	61.0
10	19.8	62.2
10.5	20.2	63.5
11	20.6	64.8
11.5	21.0	66.0
12	21.4	67.3
13	22.2	69.7

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## Important Notes

- Knuckle size: If your knuckle is larger than the base, measure both and choose a size between the two.
- Temperature: Fingers shrink in cold weather and swell in heat — measure at room temperature.
- Dominant hand: Your dominant hand is typically slightly larger.
- Wide bands: Wide bands feel tighter — consider going up half a size.

Questions? Contact our support team.